

Q: What kind of disease can be passed from one person to another?

A: Communicable Disease

Q: What is an example of a non-communicable disease?

A: Cancer, Diabetes, Allergies, Asthma, (Several others)

Q: What type of blood cells fight germs?

A: White Blood Cells

Q: How can we help the immune system?

A: Get plenty of sleep, exercise, and eat healthy foods

Q: What are some body fluids that can pass germs?

A: Saliva, Blood, Mucus

Q: What is a vaccine?

A: A medicine that forces your white blood cells to make antibodies to protect your body against a certain virus.

Q: What is a symptom?

A: A sign of an illness. For example, coughing is a symptom of a cold.

Q: What body system helps fight off germs and disease?

A: The immune system

Q: How can we help keep germs from spreading?

A: Do not share food or drinks, wash hands, cover your mouth when you sneeze, and avoid touching your face too often.